

## My Hero Story

Like so many of us I desired more freedom from the tyranny of the workplace treadmill due to lack of clarity and focus which when solved gives peace of mind and courage to pursue greatness

I had a great desire to succeed but felt like I was swimming in peanut butter. wanting to be accessible, wanting to lead, but finding myself bogged down with unannounced interruptions.

Sure, I had some great ideas but lacked a framework to move them forward.

I found myself needing systems tools and processes to reach my goals.

Like most of us who lead, I wanted to make a difference in the important things in life for myself, my family and those whom I was responsible for leading. I needed to learn how to determine and set my top three priorities and so I could do the important things first and still know exactly where I am headed, why I want to get there, while discovering exactly how to do it.

I learned to develop a time picture of what success looks like and chunk activities into units of time to accomplish them.

Beginning with my desired result I then engineered my thinking backward to determine the time it would take on an annual basis, monthly basis, weekly basis, daily basis to accomplish what I wanted and then established the thinking times to establish the desire for accomplishment.

While there are many interesting and helpful authors writing prolifically, the one who help me gain clarity for success is Napoleon Hill. His work on [How to Own Your Own Mind](#) made perfect sense to me. This helped me to establish a clear picture in my mind of the factors I must deal with in order to acquire the ability to organize my thoughts.

This is where the real power of success begins. Each person must do this for themselves. It is the most powerful thing I have done, and it help propel me to the top of my field.

Regardless of your field, the secrets to success are the same and must be applied.

Before I began to apply what, I was learning I was just like most people who had a good feeling about knowing that there was a pathway for success, but my good feeling was like a treat that sat on the shelf, but was not opened to enjoy it.

How many of us have experienced the same feeling? It seems like we all have. At least that is what most people say when we visit about it.

When my income streams were threatened, some had even dried up, and I knew that within 60 days disaster would strike. I could clearly see the danger as well as the opportunity facing me, I decided to seriously crack open the treat on the shelf and apply the principles that I knew had worked for others and have them work for me.

Instead of just reading and listening to success principles like a good story, I began to internalize and feel them working in my own situation. The Power of Mind is Incredible! I began Power Thinking for Success. It was like the dawning of a new day. The Transformation was happening.

I decided that my main purpose in life was to provide the overall wellbeing of my family and myself. I looked at the things that were needed to make a living and things that were needed to make a life. The relational goals were for living a life and the enabling goals were for earning a living. This was an important Mind Shift.

My relationship goals areas (Living for Life) included activities for God, Family, Public, Personal recreation and fitness.

My enabling goals areas (Earning a Living) included finance and business. This gives me the “why” for the “what”. I now have clarity for my definite major purpose and clarity for my pathway.

I defined in writing what each of those areas mean to me and developed a series of planning questions that lead me to appropriate actions for each of these goal areas.

My wife and I have five children, 20 grandchildren, and one great grandson who inspired me to think about the legacy that I was living and how it influenced the future and what good that I can do for them and others that I help to break free from the bonds of inactivity with a "wish" list and developed an active "with" list which freed me to literally accomplish anything I set my mind to do.

Interruptions, disruptions, and distractions are common to each of us. They just surround us constantly, especially in this age of social media, the internet of things, and the digital world in which we now live. We are conflicted as to how to handle all of this.

Who was my nemesis? I was. Who was my competition? I was.

Realizing that I was holding myself back is what hurt the most. Not because I wanted to necessarily, but I fell into the common trap of sedentary inertia of vision without action.

Fear and paralysis had set in like a plague. I knew that I needed to do something, I wanted to do something, but I could not get myself moving. Even though I had accomplished things in the past, I felt stuck against a brick wall of my own making.

It was a matter of faith. Belief that if others could then I must also be able to. I needed to stop the stinking thinking and begin asking myself good questions. Questions get us thinking. The quality of the question is more important than the quality of the answer, because the question leads us to where we want to be.

What did I really want? I began to see things in my mind's eye. I began to forget the past and look toward the future. I realized that what I had read about had become part of my library and vocabulary but needed to become part of my life.

I began by replacing existing habits of thought with new habits of thought and with new action. This worked. It was simple, not always easy, but always simple. Declutter and prioritize. Clear thinking with action is the key to anyone's success.

I realized that success must be continually practiced, or it will take wings and fly away. Now is the time to act. Yesterday is a cashed check, tomorrow is only a promissory note, today is ready cash! Use it. Now is the time to act.

There will never be a better opportunity. These thought habits led me to become a thought leader and have peace of mind that what I want to do I can do if I will only free myself to do it. This is a powerful, liberating moment for each of us.

I was holding myself back. So, who is holding you back? If you keep your mind on the things you should and do want and off the things that you shouldn't and don't want, you will discover that your mind attracts what it thinks about most.

This is a well-established fact and those who do this are those who succeed regardless of age, gender, ethnicity, nationality, and social economic status. This makes a difference in my life and in the lives of those whom I can influence.

You too can awaken your sleeping giant!